



SPRINGERS CAFE

AT THE WILTSHIRE
SCHOOL OF GYMNASTICS

THIRSTY?

Choose from regular, skimmed, soya, oat, coconut or almond milks.
We serve you beans from our local roasters Dusty Ape, based in Hilperton.

COFFEE & HOT DRINKS

Americano	2.9
Latte	3.2
Cappuccino	3.2
Flat White	3
Flat Black	2.9
Espresso	2.2
Cortado	2.9
Macchiato	2.5
Add a Flavour Shot	.6
Vanilla or Caramel	
Add an Extra Espresso Shot	.6
Chai Latte	3.2
Dirty Chai (with a coffee shot)	3.5
Mocha	3.5
Hot Chocolate	3.5
Springers Hot Chocolate	4
with Cream, Mallows & Flake	
Tea (decaf available)	2.2
English Breakfast or Earl Grey	
Flavoured Teas	2.2
Green, Camomile, Berry Fruits, Lemon & Ginger or Peppermint	

CHILLED, SHAKES & SMOOTHIES

Iced Coffee, Mocha or Chocolate	3.5
Add a Flavour Shot	.6
Vanilla, Caramel or Hazelnut	
Springers Milkshake	3.5
Chocolate, Strawberry, Banana Caramel or Vanilla	
Springers Treatshake	4
with Cream, Mallows & Flake or try our Biscoff, Mars Bar, Cookies & Cream or Salted Caramel versions!	
Springers Smoothie	3.5
Berry or Tropical	
Fentimans	3
Ginger Beer or Elderflower	
San Pellegrino	2.2
Orange or Lemon	
Soft Drinks	1.8
Coke (regular, diet or zero)	
Fanta, 7Up or 7Up free	
Frobishers Fruit Juice	2.5
Water (still or sparkling)	1.5

Whilst we endeavour to strict allergen protocol, please be aware that we use shared equipment and we cannot guarantee that our unpackaged food items or hand-crafted drinks are suitable for people with severe allergies. Please ask one of our staff for any allergen advice.
We will do our best to accommodate your needs.



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HUNGRY?

SAVOURY BITES

Bacon, sausages and ham from
local farmers, Padfield Porkies

Breakfast Roll, Bagel or Sandwich	Choose from bacon, sausage, egg, avocado	
	• 1 Filling	4
	• 2 Fillings	5
	• 3 Fillings	5.5
Porridge Pot	Regular or Golden Syrup	2
Beans on Toast	Served with two slices of buttered toast	4.5
Springers Scrambled Eggs	Served with two slices of buttered toast	4.5
Buttered Toast	Two slices served with jam, honey or marmite	2.5
Jacket Potato	With Cheese, Beans or Tuna Mayo	6
Seasonal Salad Bowls	Your choice of 2 toppings with salad base	6.5
Ciabatta, Panini, Sandwich, Toastie, Roll or Bagel	All of the below are served with ready salted crisps and a dressed salad garnish	
	• Cheddar Cheese with Pickle or Chutney	4.5
	• Ham & Cheddar Cheese	5
	• Mozzarella, Pesto & Pepper	5
	• Brie, Bacon & Cranberry	5.5
	• Tuna Mayo	5
	• BLT - Bacon, Lettuce, Tomato & Mayo	5.5
	• Chicken, Bacon & Avocado	6
	• Chicken, Mozzarella & Sun-dried Tomato	6
	• Springers Club - Chicken, bacon, tomato, cheese, mixed leaves & mayo	6
	• Avolanche - Avo, Cream Cheese & Egg	5
SWEET BITES	Additional Fillings for any of the above	.6

Springers Choc-Chip Cookie	Delicious Cookie baked on the Premises	1.8
Springers Scone	Plain, fruit or cheese baked on the Premises	2.5
Toasted Teacake or Croissant	Served with butter, jam or honey	2.5

We also have a large selection of brownies, slices & cakes baked in house and supplied by local bakers, the Gourmet Brownie Kitchen



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FOR OUR U12 HUNGRY GYMNASTS

SMALL FOOD

Bacon Roll	2
Ham or Cheese Roll/Sandwich	2
Ham or Cheese Toastie	2
Mini Hot-Dog	2
Beans on Toast	2
Mini Springers Choc-Chip Cookie	1
Crisps	1
Banana or Apple	.5

SMALL DRINKS

Bubbacino	1
Hot Chocolate	1.5
Hot Chocolate with the works	2
Milkshake	2
Smoothie	2
Milk Bottle	1.2
Apple Juice Bottle	1.2
Orange Juice Bottle	1.2

KIDS MEAL DEAL - 3.5

Sandwich or Toastie + Mini Cheddars or Pom-Bears + Piece of Fruit + Milk or Juice

